

12th Annual



SANSAR
BURGUNDY
ASSET MANAGEMENT LTD.



**The Young
Investigator Award**

About SANSAR

SANSAR is a charitable organization whose mission is to promote the health of South Asians through community awareness, education and research.

Individuals of South Asian origin (from India, Bangladesh, Sri Lanka, Nepal and Pakistan) face a higher burden of heart disease and diabetes compared to other ethnic groups:

- South Asians have twice the risk for developing coronary artery disease (CAD) compared to Caucasians.
- They also face 40% higher mortality due to CAD than white Caucasians.
- 50% of all heart attacks in Indian men occur under 50 years of age, and 25% of all heart attacks happen under 40 years of age. This is 10-15 years earlier than people from other parts of the world.
- India accounts for approximately 60% of the world's heart disease burden, even though it holds less than 20% of the world's population.

About the Young Investigator Award

SANSAR has been working with the South Asian community since 2009 to promote cardiovascular health through education, community awareness and research. This award, proudly sponsored by Burgundy Asset Management Ltd., provides recognition and support to an outstanding young researcher whose research activities are focused on the health of South Asians. Research projects involving the South Asian population related to cardiometabolic diseases and their risk factors are eligible.

Eligibility

Those eligible to apply will be aligned with an appropriate mentor and will be one of the following:
Resident or Fellow (MD), Masters student or PhD candidate at a recognized university in Canada or USA.

Submission for Applications opens on *Monday, June 22, 2026* at 7:00AM (EDT)

Submission Deadline: *Monday, September 21, 2026* by 11:59 PM (EDT)

Applicants to submit include three (3) pages (maximum) in PDF format, single spaced (including any figures and tables) with the following information:

- Overall research objectives
- Background
- Methods/Approach and timelines for completion
- Potential impact of research
- Relevance to SANSAR's mission to improve the health of South Asians
- Condensed CV and publication list
- List of resources and funding sources
- Letter of support from mentor** (mentor to send letter directly to admin@sansar.org)



Evaluation Criteria

- ✔ Applicant background
Academic or professional standing, background in research, and passion and commitment to research project.
- ✔ Background and context of research
Understanding of issues related to health in the South Asian community, as well as current gaps in research.
- ✔ Innovation
Novelty, originality and/or creativity of the research project.
- ✔ Study design
Sound statistical and analytical methods and techniques.
- ✔ Relevance to SANSAR's mission and potential impact
Importance and relevance of the research question, and potential impact of research on the South Asian community.
- ✔ Resources
Secured methods of funding, resources, support and research environment.



Award

Completed applications will be peer-reviewed by a panel of 3 experts. The winner will receive a prize of \$10,000 CAD, and must submit a written report on the progress of the research study by the first anniversary of the award. A final report will be due upon completion of the research project. Any or all abstracts presented at scientific congresses, or peer-reviewed manuscripts arising from the winning project must be submitted to SANSAR and must recognize funding in part from SANSAR. The winner will be announced in the fall of 2026.

The deadline to submit an application for this award is
11:59 PM EDT on Monday, September 21 2026.
Any questions or comments can be directed to admin@sansar.org.

Please refer to www.sansar.org for additional information.